

SEPTEMBER | 2021

HS Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

| | | | | |
|--|---|--|--|--|
| 30 | 31 | 1 Baked Ziti with Breadstick Steamed Broccoli Garden Salad Pineapple Tidbits Fresh Fruit Milk | 2 Original OR Spicy Chicken Tenders Waffle Fries Baked Beans Veggie Boat Applesauce Fresh Fruit Milk | 3 Mozzarella Cheese Sticks OR Cheesy Breadsticks Steamed Broccoli Carrots and Celery with Dip Mandarin Oranges Fresh Fruit Milk |
| 6 Labor Day | 7 3, 4, OR 5 Way Chili Spaghetti Kidney Beans, Onions Shredded Cheese Oyster Crackers Green Beans, Garden Salad Diced Pears, Fresh Fruit Milk | 8 Two Chicken Drumsticks Dinner Roll Mashed Potatoes Garden Salad Pineapple Tidbits Fresh Fruit Milk | 9 Beef OR Chicken Philly Sandwich with Queso and Sautéed Peppers and Onions Potato Wedges Glazed Carrots Applesauce Fresh Fruit Milk | 10 Wild Mike's Cheese Bites Marinara Sauce Steamed Broccoli Veggie Boat Mandarin Oranges Fresh Fruit Milk |
| 13 Cheeseburger Mac & Cheese Green Beans Veggie Boat Diced Peaches Fresh Fruit Milk | 14 Queso Chicken over Rice OR Beef Enchiladas Salsa, Sour Cream Black Beans, Corn Mexican Salad Diced Pears Fresh Fruit Milk | 15 Salisbury Steak Garlic Breadstick Mashed Potatoes Garden Salad Pineapple Tidbits Fresh Fruit Milk | 16 Pulled Pork Sandwich Potato Wedges Baked Beans Kale Slaw Applesauce Fresh Fruit Milk | 17 Pizza Crunchers OR Mini Cheese Calzones Marinara Sauce Steamed Broccoli Garden Salad Mandarin Oranges Fresh Fruit Milk |
| 20 Chicken Patty Sandwich Seasoned Potatoes Baked Beans Diced Peaches Frozen Sidekick Milk | 21 Confetti Pancakes Cheese Omelet, Sausage Salsa, Carrots with Dip Smile Fries Baked Apples Fresh Fruit Milk | 22 Sliced Turkey with Gravy Garlic Breadstick Mashed Potatoes Glazed Carrots, Garden Salad Pineapple Tidbits Fresh Fruit Milk | 23 Coney OR Hot Dog Potato Wedges Veggie Boat Applesauce Fresh Fruit Milk | 24 Fish Sandwich OR Grilled Cheese Sandwich Tomato Soup Green Beans, Broccoli with Dip Mandarin Oranges Fresh Fruit Milk |
| 27 Cheese OR Pepperoni Pizza Green Beans Garden Salad Frozen Sidekick, Diced Peaches Milk | 28 Sweet Thai Chicken OR Honey Sriracha Chicken Bowl Dinner Roll Glazed Carrots, Broccoli w/ Dip Diced Pears, Fresh Fruit Milk | 29 Baked Ziti with Breadstick Steamed Broccoli Garden Salad Pineapple Tidbits Fresh Fruit Milk | 30 Original OR Spicy Chicken Tenders Waffle Fries, Baked Beans Veggie Boat, Applesauce Fresh Fruit, Milk | 1 |

Alternate Meal Options

Milk and choices of daily fruits and/or vegetables offered with all alternate meal options

- Hummus Grab n Go
-Hummus cup, Tostito's chips, and cheese stick
- Protein Pack
-Hardboiled egg (2), jungle cracker, and cheese stick
- PB and J Grab n Go
-PB and J sandwich, goldfish, and cheese stick
- Chef Salad
-Large salad with turkey or hardboiled egg, and goldfish (2)
- Layered Bean Dip
Layered bean dip and Tostito's chips
- Buffalo OR Plain Chicken Wrap
- Turkey OR Ham and Cheese Sandwich

Meat options not offered on Fridays

***Menu Subject to Change by Product Availability ***